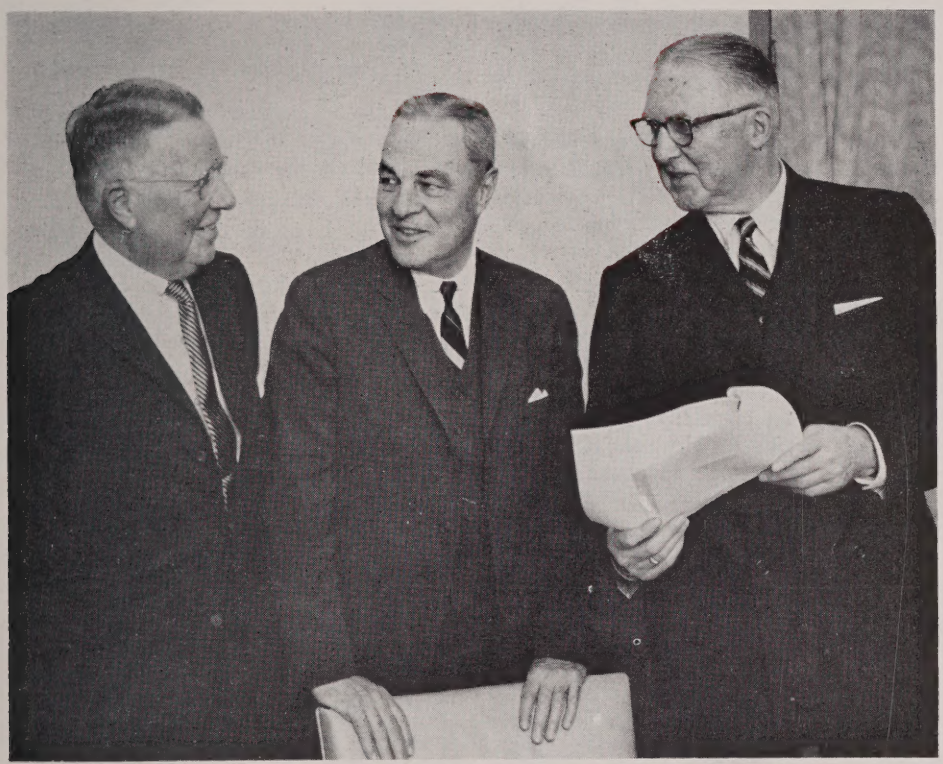
the PULSE
BOSTON, MASS. APRIL, 1964
NEW ENGLAND DEACONESS HOSPITAL



LOOKING AHEAD — Planning the future of the Deaconess Hospital and its continued progress are, from left, John Barnard of the Executive Committee, Henry S. Rogerson, treasurer of the Corporation, and Francis W. Capper, president of the Corporation.

EFFIE MAY WINGER RETIRES; CHIEF DIETITIAN 19 YEARS

Chief Dietition Effie May Winger entered retirement on April 3, after 19 years as one of the Deaconess Hospital's most respected department heads.

Miss Winger was the architect and guiding force for many major changes which have been recorded in the progress of the hospital in recent years. She established the cafeteria and planned the new dietary department when the Central Building was constructed.

Under her direction, a cost accounting system and food purchasing program were inaugurated in the department, creating a standard of efficiency which gained national recognition.

Her abilities and accomplishments earned many honors for herself and the Deaconess. She was president of the Massachusetts Dietetic Association; member of the board of that group; representative to the House of Delegates, American Dietetic Association, and council representative on the national board; instructor at the American Dietetic Association and American Hospital Association Institutes; contributor to the American Hospital Association "Readings in Dietary Administration", and chairman of the Communications Workshop at the University of Massachusetts.

Her awards were many, including the Institution Food Service Award for the N. E. Deaconess Hospital's new kitchen, and the Distinguished Alumna Award from Rochester Institute of Technology.

Miss Winger's associates and friends spent many nostalgic moments in the week before her retirement recalling incidents of humor, of drama and of accomplishment. These were coupled with

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DR. BRIGHAM DIES AT 82; ON STAFF OF NEDH 40 YEARS

Dr. F. Gorham Brigham, member of the Deaconess Hospital staff for more than 40 years and physician-in-chief for many years died at his home on March 11.

He was 82. Private funeral services were held at his home, 27 Devon Road, Chestnut Hill, where he had lived for almost 45 years. A memorial service was held in the Dooley Chapel on March 13.

Dr. Brigham retired from the active practice of medicine on July 1, 1955. He joined the Deaconess staff in 1913.

A pioneer in the treatment of diabetes, he was an assistant to Dr. Elliott

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FRIENDS TO SPONSOR "NIGHT AT THE POPS" MAY 1 TO AID STUDENTS

Friends of the Deaconess Hospital will sponsor a "Night at the Pops" on Friday, May 1, to benefit the N. E. Deaconess Hospital School of Nursing scholarship fund.

Mrs. Neil W. Swinton of Waban is chairman of the Pops Committee which is busy selling tickets by mail and in the lobby of the Central Building at the Deaconess Hospital on April 24 and May 1.

Other committee members are Mrs. James T. Mountz of Weston, president of the Friends; Mrs. George Rohrbough of Cambridge, vice-president of the Friends; Mrs. C. Cabell Bailey of Wellesley Hills, treasurer of the Pops committee; Mrs. Herbert D. Adams of Wellesley Hills; Mrs. David P. Boyd of Wellesley Hills; Mrs. Bentley P. Colcock, Brookline; Mrs. George Dempsey of Newton Highlands; Mrs. H. Bigelow Emerson of Brookline; Mrs. Lewis M. Hurxthal of West Newton; Mrs. Allen P. Joslin of Chestnut Hill; and Mrs. Magnus I. Smedal of Waban.

The Symphony Hall event, conducted by Arthur Fiedler, has become a tradition with The Friends to raise funds to help students at the Nursing School.

DR. F. G. BRIGHAM WAS PHYSICIAN-IN-CHIEF

DR. F. GORHAM BRIGHAM

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P. Joslin and founded the first diabetic clinic in the world at the Massachusetts General Hospital.

Dr. Brigham was born in 1882 at Flushing, N. Y. He graduated Phi Beta Kappa in 1905 from Colgate University. He was president of his senior class, and starred at basketball and football.

He was captain of the varsity basketball team, president of his fraternity chapter and class orator. Walter Camp chose him as halfback on the All-American team and he was a charter member of the National Football Hall of Fame. He received the university's Award of Merit.

In 1905, he enrolled at Harvard Medical School where he became president of his class and later, for several years, president of his alumni association.

Dr. Brigham began his medical practice at the out-patient department of the Massachusetts General Hospital, where he served for 14 years. He did his surgical internship at the Free Hospital for Women and an obstetrical internship at the Boston Lying-In Hospital, expecting at the time to become an obstetrician.

In 1912, he became a member of the visiting staff of the Good Samaritan Hospital and the Channing Home.

He served in the Army Medical Corps in France during World War I, rising to the rank of Major.

Among the many contributions to the Deaconess Hospital was his teaching in the School of Nursing. For many years he lectured for the students, giving them the best of his knowledge and experience and helping to make the school one of the outstanding in the nation.

He always demanded high standards of medicine as practiced at the Deaconess and successfully trained a number of the doctors now on the staff.

In 1913 he married the former Helen Greely McKissock. Mrs. Brigham was one of the founders of the Friends of the Deaconess.

Dr. Brigham was a life member of the American College of Physicians, a member of the American Medical Association, the Massachusetts Medical Society and the American Diabetes Society.

He leaves his wife; a son, F. Gorham Brigham, Jr.; a daughter, Mrs. Harriet Dickson, and eight grandchildren.

AWARD DINNER WILL BE HELD APRIL 29

All employees with five or more years of service will be guests of honor at the annual Service Awards Dinner on Wednesday, April 29 at the 1200 Beacon Street Motel.

Awards will be presented to those completing 5, 10, 15, 30 and 35 years of service. This year, no one falls into the 20 or 25-year category.

Mary E. Connolly of the Laundry Department, and Catherine V. Waters who staffs the Central information desk, will be cited for 35 years of service.

The following is the list of award recipients:

5 YEARS

Harry Bailey, M.D.	Radiology
V. Stanley Beaton	Administrative Services
Eleanor B. Collins	Dietary
Mary E. Deery	Medical Records
Dorothea A. DeRoehn	Intravenous Therapy
Margaret A. Durham	Laundry
William J. Flatley	Admitting
Winifred Fries	Nursing
Karen A. George	Nursing
Helen L. Hakim	Accounting
Ruth A. Hodgkins	School of Nursing
Margaret E. Hurxthal	Dietary
Sharen Manley	Clinical Pathology
Ruth A. Marshall	Cancer Research Institute
Winnie M. Marshall	Nursing
Marion M. McCarthy	Nursing
Mary A. McGovern	Nursing
Kenneth McGuire	Medical Records
Helen M. McInerney	Nursing
Sheila H. Meek	Cancer Research Institute
Elizabeth A. Murray	Nursing
John H. Murray	Administrative Services
Marilyn J. Murray	Nursing
Katherine V. Nicholson	School of Nursing
Anna M. O'Donnell	Dietary
Hedy M. Scharbach	Friends of Deaconess
Ardell Simuel	Housekeeping
Grayce E. Thayer	Nursing
John R. Thebeau	Cancer Research Institute
Rose Soares	Laundry
Doris E. Morgan	Nursing

10 YEARS

Raymond Dix	Administration
Johanna E. Dwyer	Nursing
Maurice F. Foley	Maintenance
Margaret M. Holmes	Nursing
Anna T. Hyde	Housekeeping
Clara Johansson	School of Nursing
Reta B. Loverning	Nursing
Jeannine T. Lundin	Nursing
Bertha Mikos	Dietary
Florence E. Mills	Housekeeping
James H. Neely	Maintenance
Dayton Owens	Dietary
Hilda T. Peacock	Housekeeping
Mary C. Peters	Nursing
Ann M. Raftery	Central Service
Mary J. Richardson	Administrative Services
Daniel Rodgers	Housekeeping
Clare F. Shruhan	Clinical Pathology
Erminie M. Smith	Pharmacy
Arlene Spaulding	Clinical Pathology
Timothy Sullivan	Maintenance
Esther H. Wells	Nursing

15 YEARS

J. Albert Baker	Maintenance
Janie Christie	School of Nursing
Helen G. Goodridge	Anatomic Pathology
James J. Halligan	Laundry
Ethel H. Hickson	Nursing
Artemis V. Kalousdian	Nursing
Marjorie M. LeBeau	Dietary
Helen M. Murphy	Dietary
Joan Randle	School of Nursing
Mary M. Sullivan	Dietary
Edith O. Wetterlow	Nursing
Egilda D. Witherell	Cancer Research Institute

30 YEARS

Olive Gates, M.D.	Anatomic Pathology
Agnes Kennedy	Administrative Services

35 YEARS

Mary E. Connolly	Laundry
Catherine V. Waters	Administrative Services

VISITING HOURS

Private Rooms
10:00 A.M. to 8:00 P.M.

Semi-Private Roms and Wards
1:30 P.M. to 7:00 P.M.

Children's Ward
2:30 P.M. to 5:30 P.M.

Norwich House
1:30 P.M. to 8:00 P.M.

Hospital Teaching Unit
6:00 P.M. to 8:00 P.M. Monday-Friday
1:30 P.M. to 8:00 P.M. Saturday-Sunday

MISS EFFIE MAY WINGER

Miss Winger Retires

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a "bon voyage" for her travels and leisure of the future.

She was guest of honor at a dinner tendered by the administration and department heads April 1 at Brae Burn Country Club in Newton. Executive Director R. D. Lowry was master of ceremonies for the "no speeches allowed" event. A portable television set was presented to the Chief Dietitian.

The members of the Dietary Department attended a retirement tea in her honor on April 3 in the cafeteria.

To give them a respite from their field of professional concentration most of the "dietary" chores in connection with the tea were taken over by Miss Vera Russell, recreation director of the School of Nursing, assisted by Mrs. Katherine Sullivan of the Nursing Department and others.

Miss Johanna Dwyer of the Nursing Department and Miss Madelyn Lendall, dental hygienist, poured.

A money "fan" was given to Miss Winger as a retirement gift.

A GOOD VISITOR . . .

- Comes alone or with one other person.
- Leaves children under 12 at home.
- Brings small gifts or bouquets, but not food.
- Checks with the hostess before each visit.
- Stays only 15 minutes.
- Is quiet, calm, and cheerful.
- Remembers that the patient's strength is limited.
- Discusses subjects which will not disturb or excite.
- Cooperates with every request from the nurses.
- Avoids bumping a patient's bed.
- Respects the privileges of visiting.

REMINISCING!

What will Miss Effie May Winger, chief dietition, do in her retirement? She will, no doubt, remain busy. She will travel and she will continue to collect things.

These have always been elements of her life, as evidenced in the following article which appeared in The Pulse nearly 16 years ago. The writer was Miss Marjorie M. LeBeau, who has been Miss Winger's assistant in Dietary.

The article is old, but its facts remain unchanged. The following was written in September, 1948:

The subject of this interview promised one of the editors of the PULSE to give the reporter complete cooperation. That promise, no doubt, was well intended but any future interview should take place in an office with no door and without Mr. Bell's famous invention.

Usually the orthodox procedure is to get the person interviewed born. This is the way we proceeded.

"You were born where?"

"I was born in Cleveland, Ohio, and — 'Miss Winger speaking. I want two racks of lamb delivered to Palmer tomorrow, also five for Deaconess' — Oh yes, where was I? — At an early age my family and I moved to Warsaw — ' Miss Winger speaking. Yes, I will come right down and look at it.' "

"But, Miss Winger, Warsaw where?"

"Warsaw, New York," said the short, dark-haired person in white whipping out the door.

From here on the slightly bewildered reporter decided that any orthodox procedure of interviewing was out and the following information has been obtained by devious methods which we hope are not liable to suit.

Miss Winger apparently was not beset by any conflicts as to choice of profession. She wanted to be a dietitian. At that time, the subject of dietetics was about as strange as atomic research today.

Nevertheless, Miss Winger entered Rochester Technical Institute and from there went to Columbia for her degree. After graduation she returned to Rochester (near Warsaw) to start her career as a dietitian.

About this time, The Cottage Hospital of Santa Barbara, Cal., wanted a dietitian, so Miss Winger accepted their offer and went West to spend two interesting and valuable years. From there she went to the Swedish Hospital in Seattle, Washington.

After a year in Seattle, Winger pere wrote his daughter that if she could make good three thousand miles from home he was sure she could survive in her home state.

So Miss Winger returned to Rochester (near Warsaw) and became Chief Administrative Dietitian of the Rochester General Hospital — a position she held for over twenty years.

Miss Winger established the first hospital pay cafeteria in New York State at the Rochester General. She was one of the founders of the local dietetic association and helped organize the New York Dietetic Association. While in Rochester, she did graduate study at the University of Rochester Medical School.

On a hot September day in 1945 a New York train pulled into South Station. Miss Winger alighted and was driven to a Riverway address. After inspecting the apartment, opening the windows, and casting a cursory glance at the packed crates, she plodded down to Sears Roebucks, collected a mop and sundry cleaning articles, returned to the Riverway, and settled in.

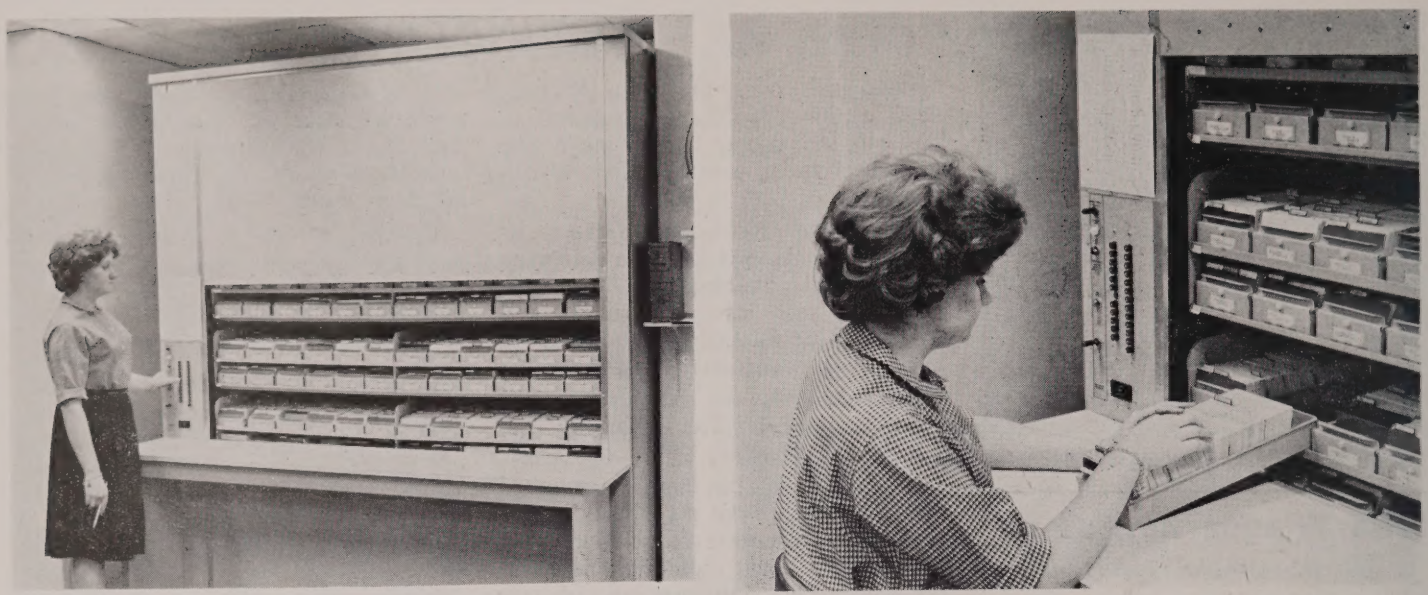
On September 17, 1945, she became Chief Dietitian at the New England Deaconess Hospital. Her responsibilities include purchasing food and dietary supplies and equipment, supervising the serving of 1,600 to 1,700 meals a day, and administering a cost accounting system with accurate records of all expenses.

Fortunately, in addition to experience and ability, she has a good sense of humor, or she could never survive the life of an administrative dietitian.

The previous jaunts to California and Seattle bred a travel bug in Miss Winger's blood. She is at home ensconced on the Queen Mary, relaxed in a Constellation, or riding a mule in a National Park. We know she is a golf enthusiast, but we do not know if she can break 100. She is an opera fan and is collecting records.

On the other hand, like all of us, Miss Winger has certain foibles. She is what we New Englanders call a "saver". She saves old letters, pamphlets, clothes. She just saves. She never throws anything away.

Another peculiarity — after coping with diets and menus for years, she will invariably say at the close of the day, "I think I will have dinner at home tonight. WHAT SHALL I HAVE . . ."



DEMONSTRATING new "Ferris Wheel" system in Medical Records is Beverly A. Willis. At left, she presses button to bring correct row of files to opening. Right, she selects patient's card.

"FERRIS WHEEL" IS MAGIC FOR MEDICAL RECORDS

A "ferris wheel" now whirling in the Medical Records Library projects plans of Chief Medical Records Librarian Louise Seymour into the year 2012.

The wheel is actually a patient index file. It contains such important data as admission and discharge dates and doctors' record numbers.

It is the key to locating the complete records, and now contains 350,000 cards — one for each patient who has been admitted to the Deaconess Hospital.

The new "ferris wheel" design evolved from a critical need for space. Previously, file cards were stored in standard wall files.

Locating the patient's name was slow. Librarians had to stoop low or stretch high to reach the drawers. Much space was wasted between the top file and ceiling.

A Newton firm came to the rescue. After consultation with Miss Seymour, they produced a machine which utilizes the full height from floor to ceiling.

Card files rotate in the manner of a ferris wheel. Twenty-four rows of files are alphabetically arranged and labeled.

On the left side of the machine is an index. This shows the portion of alphabet contained in each row.

The librarian pushes a button opposite the desired row. The "ferris wheel" turns, powered by an electric motor, and stops with the row in an opening at the shelf level.

The file can then be pulled out, resting on the shelf. Safety devices prevent the machine from operating if the file is not returned to proper position or the operator's hand is extended inside.

In fact, if the tray is protruding slightly, it is returned to correct position automatically.

By using the room height up to eight feet, an additional 90,000 additional files can be stored.

Plans provide for microfilming index cards in the year 2012, when the full capacity of the machine will be reached. Index records of patients admitted prior to 1948 will be filmed.

The machine was installed February 25. Its adoption and the future planning it represents indicate the magnitude of the problem of maintaining complete medical records on every patient admitted to the hospital.

CREDIT CARD PLAN AT NEW RESTAURANT

Enjoyment of a hearty meal at the Riverway Restaurant Terrace Room in the new Medical Office Building will soon be simplified — from the financial standpoint.

Credit cards will be available for all persons affiliated with the Deaconess.

Applications for the credit cards may be obtained at the restaurant.

NEW ENGLAND DEACONESS HOSPITAL
DEACONESS ROAD
BOSTON, MASSACHUSETTS